

Driver Psychometric Tests

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DRIVER'S PSYCHOMETRIC PERSONALITY TEST

Are you suited to the driving lifestyle that you presently have, or would you be happier in different circumstances? The following series of questions requires you to give instinctive answers, and not spend time pondering about what you think is the best answer to give. The more honest you are with your answers, the easier it is to determine exactly what will improve your driving skills.

Place a tick under one of these three options

Agree Not Sure Disagree

Section A

- | | | | |
|--|--------------------------|--------------------------|--------------------------|
| 1 I am a sociable, outgoing sort of person | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 I enjoy meeting new people | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 I like driving to new towns and places | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 I am normally a happy individual | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 I don't like my own company | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 I enjoy showing off in my car | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Section B

- | | | | |
|--------------------------------------|--------------------------|--------------------------|--------------------------|
| 7 I am nervous when driving alone | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 I hate heavy and strange traffic | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 My moods change when I am driving | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 I worry about breaking down | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 I don't enjoy driving abroad | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12 I am not considered very cheerful | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Section C

- | | | | |
|---|--------------------------|--------------------------|--------------------------|
| 13 I hate driving strange or new vehicles | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14 I get irritated when I have to queue | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15 I get angry with dangerous over-takers | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16 I can't relax on long journeys | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17 I hate letting other traffic emerge | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18 I occasionally crunch the gears | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Section D

- | | | | |
|---|--------------------------|--------------------------|--------------------------|
| 19 I get bored very easily | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20 I get annoyed with slow drivers | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 21 I think about work when I am driving | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22 Driving is not usually much fun | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23 I hate change and new things | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24 I worry about time when I am driving | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Section E

- | | | | |
|---|--------------------------|--------------------------|--------------------------|
| 25 I am thoughtful of others | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 26 I prefer to cooperate than compete | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 27 People like working with me | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 28 I rarely ever argue a lot at work | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 29 I hate it when I'm doing nothing | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 30 I can easily cope with more than one thing at a time | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

SCORE AS

Agree +1 Not Sure 0 Disagree -1

Scores: A B C D E

RESULTS

What sort of driver are you and what should you do about it? There are no correct answers, just your own opinions.

Section A *Introvert or Extrovert*

- | | |
|---------------------|--|
| More than 3 points | Take skid and high-performance courses |
| From 3 to 0 | Take an advanced driving test |
| From -1 to -3 | Take a defensive driving course |
| Less than -3 points | Take a basic refresher course |

Section B *Stable or Nervous*

- | | |
|---------------------|----------------------------------|
| More than 3 points | Take a basic refresher course |
| From +3 to 0 | Take a defensive driving course |
| From -1 to -3 | Take an advanced driving test |
| Less than -3 points | Take the skid car control course |

Section C *Serious or Flippant*

- | | |
|---------------------|----------------------------------|
| More than 3 points | Take a basic refresher course |
| From 3 to 0 | Take an advanced driving test |
| From -1 to -3 | Take a skid car control course |
| Less than -3 points | Take the high performance course |

Section D *Stressed or Relaxed*

- | | |
|---------------------|---------------------------------|
| More than 3 points | Take a defensive driving course |
| From 3 to 0 | Take an advanced driving test |
| From -1 to -3 | Take a skid car control course |
| Less than -3 points | Take a basic refresher course |

Section E *Reliable or Casual*

- | | |
|---------------------|---------------------------------|
| More than 3 points | Take a skid car course |
| From 3 to 0 | Take a high performance course |
| From -1 to -3 | Take an advanced driving test |
| Less than -3 points | Take a defensive driving course |

Did You Do Well?

Check each piece of advice you have been given. If the advice is consistent in four out of the five separate sections, then you need to think seriously about applying to take the course or test that is advised for you. If you are told to do something two or three times, and other things as well, it could be that you need to have your driving check tested for consistency. In any case, taking an advanced driving assessment will clearly indicate what you need to do to ensure your driving skills suit the occasion - at all times. Naturally, you would only recommend courses you run yourself. The object of the above test is to encourage experienced drivers to think about their own driving. Once a driver can be persuaded to think about what they are doing, the means of changing that thinking becomes obvious, both to client and trainer.

HOW LIKELY AM I TO HAVE A ROAD TRAFFIC ACCIDENT?

Place a large dot somewhere in each box below.

Try to assess your own personality rating by scoring yourself somewhere between 0 & 10

Young	0 1 2 3 4 5 6 7 8 9 10	Mature
Nervous	0 1 2 3 4 5 6 7 8 9 10	Stable
Flippant	0 1 2 3 4 5 6 7 8 9 10	Serious
Stressed	0 1 2 3 4 5 6 7 8 9 10	Relaxed
Tired	0 1 2 3 4 5 6 7 8 9 10	Alert
Slow Reactions	0 1 2 3 4 5 6 7 8 9 10	Quick Reactions
Bored	0 1 2 3 4 5 6 7 8 9 10	Attentive
Inexperienced	0 1 2 3 4 5 6 7 8 9 10	Experienced
Strange car or situation	0 1 2 3 4 5 6 7 8 9 10	Known car or situation
High mileage	0 1 2 3 4 5 6 7 8 9 10	Low mileage

Some of the headings refer to your general disposition, and some refer to the way you feel or behave at any separate time. However, if you can make an accurate judgement of what you are, where you are going, how you feel and how you are likely to behave, then you can give yourself a "Potential Risk Score".

SCORE

If you score less than 30 you are at risk on this and every journey

If you score between 30 - 40 you need to drive more carefully

If you score between 40 - 60 you risk one serious accident per year

If you score between 60 - 70 you are an average company driver

If you score more than 80 you should be safe if you are not fooling yourself.